



There is something *delicious* about sitting in judgment of others.

I was having coffee with someone last week and the subject of judging others came up.

It got me thinking....**why do we sit in judgment of others?**

Is it because it is part of our job description?

Is it because we like being "right" and telling others that they are "wrong" or at least "not as right as we are?"

More importantly, what is the impact on us, the workplace, and our peers when we sit in judgment of others AND do so inappropriately?

What I mean by "*inappropriately*"?

Let me paint a picture...You are working hard. Someone says something to you that YOU find dumb, insensitive, or whacked. You make a determination about that person's character and competence BUT you never check it out to see if the person INTENDED to mean, insensitive or whacked.

As a result, your working relationship changes for the worse.

I will bet for those people with whom you have a poor working relationship that you can point to an **exact moment** when the relationship went downhill.

Now take 5 seconds to evaluate if you ever checked in with the person to verify if they did indeed INTEND to damage you or the working relationship. If you didn't verify their intention then you may have inappropriately sat in judgment.